

မင်္ဂလာ ဩဝါဒ



ဓမ္မဝိဟာရီ ဆရာတော်
ပစ္စုပ္ပန်ကမ္မဝါဒ ဗုဒ္ဓဘာသာ

www.ariyathitsa.eu.pn

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 uVsu- roDvm wltm;
 a[mUm;awmfraom
 r*km Mb0g'

(wynhawmfwltw&m;av;c\$riay;ygb&m;/) atmf
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 b&m;/) oDvmc\$fi. . atmf-at;oDvmvm;/ oDgvvm;/
 (oDvmgygb&m;/) wOrfyelvm; / wilyg-wOrfyelvmgygb&m;/
 oDvmu b, fwtteuft "yD, &/ (wynhawmfwltobf)
 oDvmqhw-at;wmvlt "yD, &w, faem/ oDgq&ifawmh
 Nunfwmv&w, / 'a' felf g&if Nunfwmv&w, /
 wOrfyelvmq&ifat;wmv&w, / Nunfwme&t;wm[m
 wawmrwblaem/ at;ayr, fvnf NuntsifNunfwmaem/
 Nun&ayr, fvnf at;csif&t;raem/ bnjzpfvVlefqla&
 awNun&eayr, fvl vnfyl ycsi fylvmyh [kwvm;aem/
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 ulf fwl fufvnf oDvmubDvmvltac:y/ oDgvll 'B/yj
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tclu ArmawGemrnay;luwmawmholvmvlemrnay;lu
wm/ olvmqvlvmuawmhat;w, lvt "yñ, &w, / at;jr
w, aygñ tlvwmhul lemnrñav;uly tlvwmh;svfxm;
aem/ ordwlr*lvmaqmilmur, aygaem/ tclulvlu
toulub, avmu&lv/ (31Epyob&m;) Bußerbyl
(31Epyob&m;) if oñ;awawmif r&awmb;xiw, f Bußyl
awm/ ordolvmtoulub, avmuif&lv/ (25Eß) atñ
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ul ðe/ tlvvwmhwpplwpl&pmaw&lvajym&rñaygaem/
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vljymlvphem/ tlv&i jzpb tmi ftwlv r*lvmaqmif
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tlv r*lvmaqmilmawmifblefblefjzi h' lvv;ajym
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r*lvmaqmilw, lqlvmu... qlvplttulezlvfxm;w, /
ul &lvrvaqb*lv awlvzlvfxm;lvæmuf ul &lv r*lv

cefrxlrnsawmhtul luvnfy r*lv maqmi tlr, hol
 wlbm? olwbrljzphew, qkif olwlbm? olwbrljzphw
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 olawul pm; ylaomu fawelvnfy { nctdrsqhwmh 'y
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 & wmaygem/ tlvlbm; lu'aomu luwmaygem/ pm; lu
 aomu lylaemu foluvn vuzp& mav; awlvuz
 w, / vuzlw, qlwm vulaqmi ay; wmaygem/ r*lv m
 vulaqmi ftlvhy; wmulvutlvbluvn vutckm; lyp
 aemu folvlnf tlvplylvqlwmhyelluwmAs r*lv m
 aqmi lvm luwh olawlaem/ jelluawmhtlr*lv maqmi f
 vluw, qkifyl tlvlowlbm; elowbrdu vlr, m; jzpf
 otr; lylhymw, / vlr, m; ub, lylzplvmwlef b, lwlef
 ujlzplvmwlef b, bl uaejzplw, lylhymvjlzplvmwlef vll
 ajym&rvjlzplw, faem/ 'gayr, vl 'Armjyntfawmht
 ajymraeygb/ r*lv maqmi fvlw, qkifyl' lyl... vlr
 r, m; jzpbotr; lyl olvlnf 'lvtsv, lwmylv' lylhym&
 rfaigem/ wu, fawmhtlgav; vnfylenfenfowckm;
 & r, As

wu, fawmholvlr, m; jzpbotr; w, qlwm olbm
 omojzpbotr; wmvnf r [kvbl/ 'lvhv; ylyhv; vrfav;
 vlylvoumv r*lv m tceftem; av; usi fylvlvmejlzpbotr;
 wmr [kvblajym&rfaem/ vlr, m; jzptsjzpr, / wp&m
 jzptsjzpr, figq, zlvckm; & ifigq, jzptsjzpr, /
 tlvlawqlm ul lvt*lv m vlr, m; r*lv maqmi fwh

vir, m; jzplv/bqwm olwU todrsvjyay;wmAs/
 olwU todrsvjyay;&rfnqhwmlholwUajymr, fq&f
 awmhr*fvmvir, m; jzpatmi/vyay;wbaw&w' &hijm
 &rfnaygem/ tluivir, m;tjzpel todrsvjyay;&wh
 olaw&w' &hijm&rfnayg

Oyrm-wp&mzdvxm;w, fq tlvdp&mu todr
 svjyay;&rfn/ tlvdp&mu vnyjwp&muav;wifr [kvf
 yeY ' deY vbm;awgtm;v&u uH pm;jzplv uH zdvxm;
 wlvdp&m? uH zdvxm;wm wp&migq, fq/vnf uH fzdvf
 xm;wlvawgtm;v&u uH pm;jyfgq, ayg ' igq, fu
 todrsvjyK/vyqitulevU todrsvjyKv, / ' dvpf
 &mu todrsvjyKv, fq/vnf tulevU todrsvjyK
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tclawmhr*fmaqmiw, fqwmvubxyw, fqH
 lydawmhwc/vnyj [lv, BldawGrw, Bldaway:rfn t
 r&om;&vufv/nf, ltr&or&vufv/nf, / , lyD
 oumv vuEszufvxyw, fvvlywm&w, / xyf&
 wiawmifub/ bllbatmi & orptBdav; r*fvm
 aqmiwefu tlvbrptBdav;&a, must;vlywblu
 blefblefuhijmw, / rsuEfnokvyOgav;eV [mav;eY
 awmifSpnfxm;w, / ' dvp&ma&rfnuhr*fmaqmiw, /
 igq, &&rfnr*fmaqmiw, fq&f tlvbaw&aelydawmh
 ' bawjzihluivir, m;tjzpelzplvmuH' gueU&up&m
 &&ivnf ueU&ay;Myy' ueU&up&m&&ivnyj/tod

trsvjylay; luygvll'g-cll&rfayghem/ tltodtrsvjylay;
 luw, lqlvll&lfzihtrpduavmuyjzpfzpfq, lgpuef
 avmuyjzpfzpfqvlvqlvhaey; luygvll qvlvqlvluav; ae
 ay; vluw, lqlifb, brfue lufublvqlvwmhtlj
 onf yiftodtrsvjykvluw mizpnydawmhtluivir, m;
 jzpbbr; wmvll' l/hjym&rfayghem/

tluivir, mizpwlitccl[m b, clfrn p-ovl
 vlql&lf tlbwlitodtrsvjykvlitcclav; [m em&ð rep?
 puef lwmifrvxm; vluw, f b, clfrn wltluivir
 r, mizpbbr; w, lqlvwmrdayghem/ t-lt lguibefbefwl
 uawmholyð t m; vloyrolub/ ylvrfawclrusify
 wwblv lujym luyghem/ befbefwl uawmh b, lue
 &vmwmlwefql' dt&d opmowmuaelydawmh befbefwl
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 ajrmulw, fb, ftclfrn p-w, qlv mu befbefwl& [ef
 clwhtylfql& maw& lue lydawmh lvmvll' l/hjym&rfn
 ayghem/ t-l' gav; uawmh luv l/hjymwlabomyg/ ordwl
 vnfyjrvzlxm; l m; zlxm; at mifom; wlvnf rsvzlxm;?
 l m; zlxm; at mifajymvluwmaem/

tclylfrfawmh 'gawajymaez lwmh r [kvlobaem/
 'gawajymaez l [kvblvqlvwmhom; wlu tcl*lvmaqmi f
 awmh, f ordwlvnf tcl*lvmaqmi fawmh, f r*lv m
 aqmi fawmh, lqlvhl tclgusawmh r*lvmaqmi lydawmh
 tluivir, m; tjzpef aexllwlitcgrn b, lhexll mzl
 vlv, lqlv mav; epylv on lydawmh befbefwl uael ydawmh

t qlt qlt t jzpeypum;av;ajymrñaygaem/

wu, ãwmhom;uvnfyul ãbuaeayguzfñ;lyð
 oumv orleqll, ã, ãwefu oãwmi bññ [kwbl/ o
 rðuvnñ tlvly/ ul ãbuae ayguzfñ;lyðawmh' ðm;wle
 qllwmvñfyj bmrqll ãwmr [kwbl;vll ' ðwlyjymñupñem/
 tclupvmwllt cg t&ç ã&muãvmwllt cga&muãawmhãt;-
 wll ðwlyjwpã, muãwnãae-ae vñrjzpbvl wllvñfyj t
 azmãv;? tavñãv;ã&ãr, ãqlyðawmh om;uvnfyã&ñ
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 oñ;vñrjzpbvl/ wllvñfyjvqllwmhwllt arwllt azarçxm;
 vllwlljzplwm/ tlvlljzplwllt wllfyjwlluvnfyjaemuãxyf
 'g-arçay;ãvñðr, ãygh/

tlvqllwmhwllvñfyjvawmñzi huð ãuã&ãrñfyvl
 ' ðwll ãvll t 'yðh, ãðv, ãvll ' ðwlyjym&rñaygaem/ t j ðawmh
 bñrjzplwefqll ãawmh t j q, ãv;ig-ã&ðEðãvmuãã&muã
 vmw, ãqll ãvñfy ul ãv&mð ãvñfy ð ajymr, ãqll ãawmh
 a o ãvñfy ðwll ' ðwlyjym&rñaygaem/ ajymr, ãqll ãawmhvãrç
 zñ;Ell ãvllt jzpl ul ã&muãvñfy ðwll ' ðwlyjym&rñaygaem/

ãtñ t ð ðt cga&muãawmhã, muãv;vlywblu
 vñfyj olvñfyj ol ãvñ;çsi ãv, / olul ãvñ; reãuav;vlyf
 wbluvñ t j ðt wll ãyl olul ãvñ;çsi ãv, / ' ðwll ãwll ãyl
 aeaewmawmh [kwbl qllwmrñaygaem/ t l gu rowh
 pñvul ðew, / olvñvñvñ zç zç ãzmãzm ðewmawmh
 r [kwbl/ rowpñvul ðew, / ol ðawmh bñrjzpbvl
 vñqll ãv ul ãwpã, muãwnãae&wm&ð a ðumi pñ ðt ae

uav;arcsiMxpIvmvI' bMijm&r6Aaemf brijzpMlvefqM
&iawmhwu, MbmaarmiMsuu armiMsuuMdtwllfae
&if uav;av;ar6Mkydrvm;/ roIvmcpluvnf roIvm
cpIudyaeae&if uav;ar6Mkydrvm;aemf

a [m- t l v b q l h w m h u a v ; a r f c s i f w l t w f u f u a v ; a r f
c s i f w m ' l v l l f w l l f a r f v l t & b / a y g i f r a r f v l w m a y g i f w m
v n f ' l v l l f w l l f a y g i f v l u & w m r f [l v l y / c p f a y g i f v l u
& w m r [l v l f m ; / t j c p f s a y g i f v l w m q l h w m h c p l u & a w m h
w m v l l ' l v h j y m & w m a e m f c p f w , f q l v m t v u m ; c p f w m
r [l v l b l / a y g i f z l e f t w f u c p f w m / a y g i f a w m h c p f a y g i f w l h
t c g u a w m h o l u l n f y l u l l u & s u f a l l u m u l w m r & b l / t m ;
e m w m v f & b l / u l l u l n f w p z u b l u a e l y f a w m h & s u f
a l l u m u l w m v n f r & b l / t m ; e m w m v n f r & b l v l b l l t c g
u a w m h z u l v s u i f e l a e l u x l l l u / t j l v l j a y s f a y s r & g & f
a e l u x l l l u b , f v l y l v l y f b m v l y l v l q l v l h [m r s f v l t a e
t x m ; r s f a & m u f o r l y l v l b l l t c g u a w m h a e m u q l y l v f u
a v ; a r f z f r e l l w l t j z p r s f x d a & m u f o r [l v l y g v m ; a e m f r c p f
& i f a & m u b l [l v l y a e m f ' g a l l u m i f r l v l r i f w l l u l n f t c k
' g r i f w l e f a , m u f a y g i f y f a w m h a e l u w m r , f v l b l h w m h c p f
w m t a l l u m i f u l l i g t e u f t " y l , f z f h y ; a e w m a e m f

cpɪw, ɓɪwɪvɪf tɪvum;cpɪwɪr [kwɔb/ [kwɪɪd
aem/ aygɪfcsi wɪp&wɪm/ aygɪfcsi wɪ, ɓɪwɪvɪf tɪvum;
aygɪfcsi wɪr [kwɔb/ uav;arɔzɔ;csi wɪ aygɪfcsi &wɪm
'ɪwɪjɪm&rɪayɔaem/ tɪɪbɒxɔ&muɔtɪmɪ fawɔwɪuɪu/
tɪɪbɒxɔ&muɔtɪmɪ wɪf jɪkwɪuɪuɪuɪu'ɪwɪjɪm&rɪayɔɔ

aem/ cplvmulcpvmwivm; ae-raellue/ brijzplvle/qll
 rolvmu 'luay;w, luG lwlyhem/ o&ifluat;w, / th
 awmb&ifluat;w, qlvmcpvmulcpvmvlylodvll&if
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 wmr/ [hemuivpa, mutcpvmulla&mubot;&iftulef
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rjynpbelvllfxm;vll&ifcpvmav; ysulys, bot;
 lybq&iyl [hoG, ? hoG, ? 'hoGzmuawjzprfAs/ th
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 tmr;em&rlvlnf r [kvawmb!qlwmha [m- taznft ppl
 jzpbot;lyb

tarmi fvluvnfyl rolvmcplqlvm tmr;em&rl

vlvnr [kvawmbt/ &S&Brlvnr r [kvawmbt/
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 aemuqlylvawmh'g-vieYr, mawGaygi foifquqlvh
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 vllvlefqlul h pvlaway;&ifopvlawvnr&wmA' ul h
 pvlray;Ell &ifopvlvnr&bl/

tlawmh opvlulawmhul &w, / ul pvlulvnr

oLh;w, MarmiVsuLvni vlyw, As/ roDmcpf
uvni tlvlylyw, As/

' Dlvhwmh pvtcsi fua&moth;NvDhijmLuphygaen/
pvtcsi fa&moth;NvDlv&i f pvtvi fa&moth;wvm;vDlv
pvtvi fa&mwvif [lvbeY pvtuOpaqmi hewmqhwmh
uL lvnfa&moth;awmvmaygV' Dlvijm&rfaen/ thwmh
armiVsuL uL luluL yllw, f igoth;csi &moth;r, f igom;
csi &mpm;r, f igvlycsi &mvlyr, fV vlvwlvlefuawmh
tlvlyjzpfjzpayr, hroDmcpf&vmyDoth;NvDlv&i f
roDmcpfultcVlvf, fVkiwht&mrDulajymr, f vlyf
r, f aer, f uL luvnylroDmcpfulay;vluwvV' D
vlijm&rfaen/

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whtwll fvlujajmayr, fVlvmrDvha [m-jzpfvmvhtcg
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cpbth;NvDlv&i fawmh uL luhysubth;atmi fpluw/ ' D
vlijm&rfaen/ uL luh faysubth;atmi fpluw, fqlvm
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tlvzpfw, As/

thwmh ajymr, fVki fawmh tlvthv&whtcppluw [m
yefwll &lv, haen/ tlvthv&whtcppluw uL .cppluawmhvll f
vllfyg/ cpplvly&i fwpfPcptpfthlvu bnzpfvle
uL luh luyaysubth;wmy/ uL lmeawf&hwmbl/ cpplv

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&awmhbl/ wpzubl't vlylwpzubu t vlylhapcsiwm
ylpwXrfiqE&lv, / u' l'bm t vhwfynl'si w, l'vqE'
r&awmhbl/ 'g-ajymr, lq&it wawawvsnob;wmv' l'v
ajym&rhayghem' cplwm[m aumi w, lq'lv mawmi rScpf
&wmt&om&lv, / csp&wm c&re w, lq'lv m bnjzp'wle q'lv
awmhul' lmeawawvsnob;lyDu' l'ul' hawaysubob;wm/
t'ul' l'ul' hawaysubob;w, lq'lv m cplwmul' cplwm
wiblxm;vluw&it l'ul' lmeawu jyeDi'lv mEl' w, /
u' l' lmeawu jyeDi'lv mEl' &ifu' l' rmeDi'lv luw&it
wpzublu vnfyl opbm; 1/2 yrf' [l'v wmb] wpzubu
vnf' rmeawjyeDi'lv mw, /

t' l' l' t' cguawmhjyelydawmh cplwm enfen' savsnob;
wlt cguawmh e*lyezpob;w, h'em' e*lyezpob;wlt cg
uawmh v&e q'lv mawGjzpob;w maygh a t m' f' O' cplw' l' wlt
t n' r' n' oabmw&m; a&; ov' h' ygh bmvh' e' l' wlydawmh v&e
q'lv hewmawGvif, mawGq'lv [l'v l' m; / wawmh w hew, /
w h'e&ubm; e' l' obu' u' l' buaw e' l' q'lv dawmhew, /
obu' u' l' buaw e' l' jzp'w, lq'lv u' n' f' u' r' cplawmh v' m v'
ajym&r h' A' cplwmavsnob;wmv' l' v' h' jym&r hayghem'

t' l' dawmh cplwmul' cplwmwiflyjyefwll' x m; & i f t' l' v'
avsnob;v' l' r, / cplwmu cplwmxul' yefwll' r' x m; l' u' e' l'
cplwmu tazm' lyzly' / ord a&maem' a t m' f' i' g' cplw, lq'lv m
i g' t' azm' ' g' s' [l'v l' gu' l' f' t' l' o' l' v' yf, l'v q'lv m h' i g' t' azm'
t' jzp' e' l' o' l' v' l' u' l' w' m' / r' o' l' v' m' & l' t' cplu' h' m' i' v' u' l' u' , l' u' l' f'

r, bqlvni grolvmcpluli gplw, / wu, bqlwmholu
igtazn/ armi v sulvni rolvmcplutazn/ rolvmcpl
uvni armi v sulutazn/ tlvrlvlylvb, nylvqlwmh
taznlyEllylvqlif ul ftazmulul Muiem&wm
xlvryav/ tlvqlwmhul ftazmulul itm;rem&wm
vni xlvryav/ ul ftazmulul fr&ul&wmvni xlv
ryav/

atnftjlvbhlwmh aemubqlywvawmh 'g-vie
r, m;awGaygi foifquqlvlt jzpxda&mubfr;MurMaygh
aem/ a[m-tjlvbhlwmhlt cguawmhbnjzpxvlefqlom;ord
ar(zfr&rl[mawv/nf jzpxefrMaygv'lvbhljym&rMayghaem/
tjlvwmh 'Epiwml ye/wilulwltbm;plqlvm rbm;pl
tñeltcuuav;awGayguwulvmEllzkm tcoftvrf
vlyay;wmvltlkyefwllxm;&rAaem/ a[m tllkyef
wllxm;rSul laelylawmhplw&sr, lv'lvbhljymMuphygh
aem/ Epa, muruawmhbr[lwvm;/ tjlvu&tmit
wulftawpudltlvmu&sh&shfqbel;lawmhxm;ay;
Mvll'lvbhlvmaem/

rolvmcpxm;wwfvmuwltaetxm; &ygw, f
aem/ at;- [lvlyd atnfigwl m tluifvir, m;vlyfw, f
vblvm cplvmav;elwifwllvlyhewmr [lvb! / wu, f
qlwvnh u! f [molu t azmaumi f vlyay; r, vl pvlxm;
vluvm/ oluvnfy! u! lult azmaumi f vlyr, vl
pvlxm; vluvm/ 'lvwpā, muēlvpā, muft azmaumi f
tjzpe! nlyawmh nō; mlylvqlvltcuawmh tlvly

wvpa, muetwpa, muft mwpā, muetwpa, muftwzpf
awmbetwpa, muftwnfzpbft;wmaenfwpckwnfzpbft;
w, ayg ul faymubft;w, aygem t ul sulvnfy
rolvmcpepyw, figqlvl mdu igt cft a&;qlvl m
du bmr\$&awmb/ rolvmcpuvnf armi v sulpyf
ofr;& if igt cft a&;qlvm wll gqlvmwlbmr\$&awmb/
'avmufumi fwm b, &fvaygem/

tJ hawmhor&hawmyleaygi fae&w, / uH r&hawm
yleaygi fae&w, bQ&i hawmhu-oeLuh E&W 'g-olt v&hwG
yl uH luvLu&ew, / uH ft v&hwG/ oluvnfvLu&e
w, bQ&i luawmhb, lvp&h, mu&lvvp&h, mulu wpt&goyf
o&wv&wlv&wzpb&f, wlt w&ufavmur&fae&x&W mu
awmht ays&ar&Q&h&ay&v' / &h&jym&r&f&ay&faem/ tJ / wlt ays&f
ar&Q&h&zpwlt c&g&r&stJ / wlt ays&ar&Q&h&zply&Q&h&Suh lu&e
ly&awmh&aygi f&of&? c&pb&f, w&njzpwlt w&uf&aygi f&of&? py&b&f,
w&njzpwlt w&uf&b&m&v&mr&v&lv&Q&i hawmha [m-u&av;av;
aw&v&mr&fv' / &h&jym&r&f&ay&faem/

tJuav;av;aw&vmr, Mbqwmh' gwpEpfvni
&csi rSvni &Oprfaygi Epepfvni &csi rSvni &Oprf aygi
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wmqkko;nyMbqlluyopll a&\$tguq&iawm uha, mu?
q, ha, muavmuq&iqkko;ny tckacwq&iawmwpf
a, muEpha, muq&iawmqkvluluw, haygi qkvlulu
&if tll ttcgrflluawmvnfyj vir, m;vlyvm&ll ' lupo
vnfi nyko;w, ml' Mbymlluphyem/ vir, m;vlyvm&ll

uþýðoðr;ýelw, mþlvm vir, m;vlywmu obðrobd
 uav;aw&zll uav;aw&oðr;ýðynþbðr;ýðvþkifvir
 , m;uþýðoðr;ýð vir, m;uþö ýðoðr;wðawðu vir
 , m;vðeaeayr, h oýrMunát;csi bð/ a[m-uþöýð
 oðr;ýðu/ uþýðoðr;wðt cguawmhviá, muðr;vlywblu
 vnf reðrubýð rrcsi áwmbð/ Zeðr, m;vlywblu
 vnyýviá, muðr;vlywbluðoýrrcsi áwmbð/ ol[mel
 oðe/ uð ývnf uð t[mel uð áevþlvmr;ðv/þpçsi f
 vmw, f

t qifajyMuwðt cg

tðt cguawmhýelýðawmhþvðluráw&nf 0i km
 Muw, f þvðluráw0i kmw, mþlvm olðt azmfMoyf
 rrcvcsi áwmbð/ uð lullnfyjou t azmfMoyfrrsvcsi f
 áwmbð jzpbðr;ýð tðvðvir, m;uþýðoðr;ýð 'g-roð
 em;elvlywðawðt tðt wð (ðvðjzprfý) vlvð jzpw, f
 tðarmi f vðvðrbaw&nfý tðt wð jzprfý/ tðroð
 wmcþðrbaw&nf tðvð jzprfý/ roðwmcþðrbaw
 vnf tðt wð jzprfý/ tðguðnfý Munðwvð&ðif
 jriðv

olwðawðemf b, fýgvðr, áyð wðvaw&vm
 atmi áðzðr;vm? aygi fvmðýðrSt clusawmhvðvðqwf
 awðpæMuw, f bmwðýðemf robeýaygi fMuwðawð
 tðvðjzpw, f orðwð&m om;wð&m tðvðjzplur, áemf
 tðvðjzplurðvð jzpa tmi f aygi fðt wðvðvmw, f

'lvhijm&rñayghem/

wu, ľawmhrijpát mift wľuf aygi f&r, ľvľqľvm
wľwaw[m om;or&zľt wľuf vír, m;awmhvľvmawmh
[ľvľľ om;orľaw&nf&ľľ om;orľaw&awmhbmjzpľ
vľqľi ľawmhvľt aznľumi f t j zp ľ quľx ľ&r, / t ľľt cg
uawmh t o ľvm&w, / t o r y g b ľ vír, m;uľľt c p ľ vp ľ
ckvn ľe ľ j aygi ľľľvľqľi f t c p ľ vp ľ ckvn ľe ľ j aygi ľwľbľu cľ
u t c p ľ uľ ľwľľwľľuľ om;or&zľt wľuf qľľawmh om;?
or&ľľqľi f c p ľ w m u t "ľľ, f&ľwmbľ/

c p ľ w m u t "ľľ, f&ľwmhvľt wľuf t ľwpľ, muľľ
wpľ, muľb, fľbľ;vľr&vľľbm r s ľľľľt&vľľm 'ľľf
r, m; t j zp ľ quľae-ae&w, / ysi ľvmw, ľľhijm&rñaygh
aem/ ysi ľvmayr, ľvnľ quľx ľbľ;vľľ&bľ/ quľx ľf
oľ;vľľ&wľt wľuf 'ľľľ quľľľawmh aygi ľawmh ľe ľu &
w, / aygi ľae ľu & ayr, h r a y s m b ľ v ľ' ľľhijm&rñayghem/

t ľ q u ľ t o ľ u ľ ľ a e ľ ľ a w m h a y s n ľ t m i ľ a z n ľ r, /
t c k s v i r, m; v ľľ r v ľľľo;w, / v i r, m; ysi ľvmon ľd
b ľ ľ b u ľ v n ľ a j y m a e ľľm; v ľľ r s v e ľ b m j z p ľ v ľľ e ľ q ľľ t p ľ
y v ľ p ľ t m i f r i ľw ľľhijm ľu & w m [ľvľw, f [ľvľľm; aem/
b m j z p ľ v ľľ e ľ q ľľ i ľ a w m h u ľ ľľb o c & ľu ľu 'g-ľu ľaw & ľ
w, ľvľqľvmuľľoľ t m i f t wľuf ľaj y m a e & w m v ľ' ľľhijm&rñ
ayghem/ wu, ľawmhri ľwľb o r n t c ľawmh c p ľ e ľ m u r ľaygh
w p o ľu ľ v p o ľu wu, ľu ľ r s u p ľ t m u ľ t a y s m u r c ľ b ľ
c p ľ m u r ľaygh b m j z p ľ v ľľ e ľ q ľľ i ľ a w m h 'g- t c k s e ľ o i ľ a w m h
r v ľľ & ľo;w m u ľ/ t ľ r s u p ľ t m u ľ t a y s m u r c ľ s i f

avmuftmičsplydawmhaeMursvni om;orDqWvmawG
vnfyljzpxčfvmršiuW tJWjzpxčfvmršiv wu, šW
jzpxčfvmvlynhi pbočr;lyWqW&&if jynpbočr;awmh
vir, m;uplybočr;wmjzpivht wčufpvr0ipm;bi/ pvr
0ipm;awmhvmrS b, šavmufxd pvr0ipm;awmh ovW
qW&&ifuh i[meWu lyJaewmizpivmly

tJ'gayr, hevlt&bl/ oeLH ueEpf a, mupyl
 Num;rfn vlyuillxm;whpdyfr,Budyfr,uav;awGwloeLH eY
 Num;rfn jzpyfr,xm;wlhom;av;awGordav;awG&newmay:
 rlydawmh, f&ajy;vlt&bl/ ajy;vlu&ifylhlofr;rn ylnf
 qlluwblawGt rsm;Budyfr&vmayqf

u|t| l|b|lwmh, f|s|nf|aj;v|t|&b|/ aj;v|t|&
awmh' d|v|f|aeae&w, / ' d|v|f|aeae&wm wph, mu|f|wpf
a, mu|vn| Nun|E|aewmr [lwb|/ pum;u|l|c|t|t|e|f|e|f
ajymr| [mawmi f|c|t|t|e|f|e|f|awf|ajymb|l|w|l|w|w|mi|fawmi|f
aw|ajymv|mvm/ ' gaw| [m ajym, b|q|k|fawmhvir, m;' l|u|
aw&|' d|ajym&rfaygem/ t|l|g|u|l|t|o|e|v|ir, maygi|f
l|uw, m|l|o|y|z|p|b|/ t|o|e|v|ir, maygi|f|l|uw, b|l|wm
u| l| u b, m|t|o|o|i|r|f|w|e|q|k|fawmh t|c|p|u|r|o|b|/
t|c|p|u|o|l|t|p|wmr [lwb|/ r|o|b|t|p|wm/

bmjzpfvWwle, q&i fawmh om, orD&csi vWvWwv
to r&be lcpfwm/ cleu vif, m; tjzphaygi fNuYq&if
awmh toehaygi fNu&rfv/ toehaygi fNu&rfv qWm ol[mi gt
azmfy/ i gt wuf tazmf&fy/ tJ awmhi guvnfyJolt wuf
tazmfvY&rfv/ oluvnf uH fuH ftazmfvY? uH fu

vnf olut azmf lv l mu/ oyul pwn Rsn/ oyf pvl
 nly dawm x m; x m; r swp D e l w p D u v n f y l ' g a y g i f a m i f
 ly dawm h n u n b e v l r, / u h h t a z m f u l u l l u a e l y d a w m h
 o y p v l q i f & a t m i f p u m; r s a j y m w m r s t j y k t r h s w l v m
 b, l y l v l u m i f y g v l

wu, l q l w m h i g u a e l y d a w m h p v l q i f & a t m i f j y k l
 v l u a j y m q l v l u l w m r s l y l v l l i f o p v l q i f & h n a y g i o p v l
 q i f & i f o l u v n f y l p v l q i f & h e r s a w m h i g u l l b, l v l y l y d
 a w m h a u m i f w h a j y m q l r s t j y k t r s a j y m q l y l t E l l y g a w m r v l
 t l l v l q l i f i g u a e l y d a w m h o l t a y: r n a u m i f a u m i f a j y m
 a j y m? j y k l w m r s r v l y l w l t w l f i g u l v n f o l u a u m i f a u m i f
 a j y m w m? j y k l w m r s r & a w m b l v l j z p l v l l i f i g v n f p v l q i f &
 r n a y g i o l v n f p v l q i f & h n a y g i

i g w E s a, m u h a y g i f a e w m u c s r t o m z l t w l f
 a y g i f a e w m q l w m h a t m f w l l v l v l y a u m i f b l q l w m r s l o d
 l u & r n A s r o l v m c p l v n f t l g a v; r s v l x m; a e m l o l l u & r n
 t l g c l a w m h r a & m u h o; b l /

t c l a w m h a t m f w l l v l p f ' g c p h e a o; w, h a y g a e m l
 a e m u l u s a w m h t o e l t p & r n A s a e m l t o e l t p & r n j z p l w l t
 w l f t o d r y l u a v; u l t c l a j y m a e w m a e m l t l t l v l r s l
 v l j z p l w l t w l f ' g r v l f a o & n f y l u l l l v l i r, m; c & d x h n
 a j y m r, l q l i f a w m h e m; z s r; r u s e f a w G b m a w & n f r j z p l u v l
 r a o l u b l q l i f p v l f ' m v j z p a e r f a e m l j z p a e r f t l v l l f
 j z p a e w l t c g u r S a [m- w l t * l v m D a v m u l q l v l e f u w l l r f
 n e c s u h a j y m w l l m x h n ' g y g w, l q l w m r s l a v; e l u l p v l f

"mvlulapmapmpbUwilyi qixm;Eil r r [kwlm;Asn/
[kwlv, r [kwlm;aen/

tawmajymr, iq&if tclcpw, / bmjzpfv
cpwmmvle/royetcpw/ royebmjzpfvcpwmmvle/qlo&
aofom;&ll taetxm;t&cEmu/ lwnaqmuf/vv/ u
om;ordar(zr;zlt xdyonfawu t ulevhygwmqhawmh
om;ordar(zr;&rh' b [mrefawu vlaqmvmvmvllv
u/ lucplu&wmAaen/ tDroyetcpwmmucpwm twll/
rxm;be/lopinqlydawmhul luxm;&w, aen/ t/lopinq
wh&ywntsurstul rxm;v&if tllcpwmu vir, m;
uply/vlulbnESfwplyluéufwnfysufys, h&m/ ' b/vr/v
ajym&rfaAs vir, m;uply/vr/vnf rlmcsi ly/rfaAsn/

tclacwrfn om;ordawu touav;q, av;x
av;q, ligEpf xdarfaeluw, aen/ tclzihvaw&nf
eehawmhgygvsr;vsr;&lmly/vmajymup/ om;ordawGtm;
wllfarlydawmh&ifb, hurellwmsvvlv/nf/ raurEll f
bl/ ynmawbmaw&nylo< xluftavsmuwhoiay;
&wmvqhawmhray;Ell bl/ ray;Ell hawmhwpá, muf, lu/
Epa, muf, lu/ ola, muhavmuftsr;qh, luawmhvm
yy/ to&vbwawuaygaen/ to&vhwobawuawmh
vnfyar(zr;aelluwmyy/ wplushvbwmvllwpc&llq&if
ar&w, As/ O&e&tmiwll ar&csi fawqll b, havmuf
avmu&v/ (wynhawmhvu &pa, mu&bm;/) &pa, muf
awmi&v/m/ (wilyg) O&ausfrihwllq, hv;a&mu&v
w, b&bm;/) ([m-q, hv;a, muhavmu&wmif ar&wm

vm;/) (0)ausfrilq&ifq, hv;a, mub&m; [kvlv m; /
tckvynhawnlvlt&fr&armi fwi&tmi buDqlv m q, hv;
a, mub&m;/ tclq, E&h, mu&lv, f)

[m-at;Am olw&lv if wu, luyj ro&lv m;eLuyj
ar&aeluawmh qif&lv may&lv tory&lv b0u&lv n f
aqmu&lv m qlv m h qif&lv may&lv tclawmh vaw&lv n f y j
awmhawn fodeLuyj y b0ay;taet x m;t& o&lv m
ynmay;v& olvmr [kvb&lv ay&lv t j lv&lv v&lv hawnh
rifw&lv n f y j vif, m;up&lv m h n f n f y j lv&lv vif' lv&lv j m
&r&lv ay&lv

bmjzp&lv lv&lv qlv m h u& lv t o&lv h ewh obaw&lv
rau&lv r&lv (E&lv y&lv m h u& lv ar&lv aeawmh b&lv' lv&lv
ajm&r, h&lv u& lv au&lv bavmuf&lv (E&lv bavmuf&lv u& f
ar&lv lv&lv u& t j hawnh vif, m;up&lv lv&lv o&lv w, lv&lv ifa [m-
'lv&lv c&lv [m qlv&lv vif, lv&lv lv&lv lv&lv lv&lv may&lv p&lv Di&lv m;
rlq&lv&lv vif, f p&lv Di&lv m;rlq&lv&lv lv&lv lv&lv if t lv&lv lv&lv lv&lv
o&lv w h c&lv fr a*smu&lv lv&lv *smu&lv su&lv lv&lv vif, m;aygi f
a&mi fae&lv m rjzp&lv? rajyv n lv&lv lv&lv vif, m;aygi fa&mi f
ae&lv m r&lv rjzp&lv? ajy&lv y v n lv&lv n hv;e&lv vif, m;aygi f
a&mi f E&lv h&lv t mi f p&lv lv&lv vif, m;aygi f lv&lv lv&lv u n f u o&lv lv&lv p&lv
xm;&r, f wpD&lv lv&lv pD&lv vif, m;awG t c&lv fr&lv op&lv xm;
w, lv&lv lv&lv hawnh Zm&lv faw&lv maw&lv hawnh i f s op&lv xm; o&lv si f
aw&lv lv&lv b maw&lv lv&lv lv&lv m qlv&lv m qlv&lv u w m a&lv t j g op&lv xm; w m u
v n f r [kvb&lv /
op&lv xm;w, lv&lv lv&lv m

[illegible]

t o d j r i y l f q l l & m o p i n / p v l t a w f t a c : y l l f q l l f
& m o p i n / a e m u f v l t a e t x l l y l l f q l l & m o p i n q l l / a w m h
o l l & w , h y g e m / r a u e y y e l o b r , w m & , f a u e y y l o b r ,
w m & , f w y g r v m / r a u e y y e b o r & i f a j c a x m u l u v n f
c y a p m i h a p m i j z p b o r , r a e m / o b r , w m u l l w l l u a e m f a u e y f
l y o b r , w , l q l l i u l y l w p t g w n f o l u j z i h t x l t m j z i h
c e i f o b r , w m r s t r [l w l b e l u l y l o m a w m i l o m , m a v ; e l
z e i f o b r , r a e m / [o h a j c e i f q l l v m r s t r h y g e m / z e i f
o b r , r a e m o l u y l u l u w p r s k u o b r , r a e m /

tJ Bwmhqlvwmu 'g-ul' lvuf elyhwGayghem/
 tJrsuEsaersuEfxm; ul' lvuf elyeu rysuMuyapev/
 'g-raemuhyghem/ om;uvnf orDtay:rn vKrysufap
 e/ orDuvnf om; tay:rn vKrysufayapeajym&rfaygh
 aem/ tJgqkif'g-raemubpmulapmi pnfvlvwmv' Bv/
 ajym&rfaygh tajymtqBvwmuawmh' g-a0vma0; 'g-ul' f
 uaelyDawmh' g-MurfMurfwrfrwrfwll qHqH0g0gwll vrf
 vrfaumuf aumuwlqBvwmawG rajymrDuapev/
 'Bvhyjym&rfayghem/ b, lvltStlgullrvéut;Muyapev/
 'Bvhyjym&rfayghem/

tJ Bvb, lvltSrvéut;MuyapevMajymaew, lql
 vl wptcg-tjykt rhfvnfyj b, lvltSwpá, mufulvpf
 a, muflwptcgwnf xclutá tmi femusi á tmi f kvlyghem/
 orod tmi qlvmrá b, brSrvlyrMuyapev' Bvhyjym
 &rfayghem/ orDvltMuifvir, m;vlyMurf, f vlvvut
 w, qlvwmuawmhv' avá ol'avhqlvwmvzplyDawmhri f
 wltMuifvir, m;vlyMurfayghem/ wltMuifvir, m;rn
 bmapmi pnf&Bvbqvm orfir [lvb/

wu, fapmi pnfzkefta&tBdqhuawmhlevlyj
 ul' Zedr, may:rn? ul' lviá, mufray:rn? b, lvltSt
 ajymtqhwGrvéut;zltjykrawfvéut;zltáetxáhwG
 rvéut;zltwuf'gapmi pnf&raem/ 'g-elygwlvpqlvwmul
 om;wlvnfyj' pnfuav;ulholydouv tMuifvir, m;
 tzltpnfxlvh0iMlyg/ orlvnfyjtlvlyj' apmi pnf&
 r, hpnfav;ulvKwptcgwnf ajr0, rusolydouv

uH BtNuiVir, m; b0xUhouqifvUygm' MtsVv
 qUvVmaem' 'goleblef uawmhususerfMum;NyDajmay;
 aewm 'Bhijm&rfaygaem'

tH MtsVv hapi pnf&rit yH f u hapi pnf ov uH h
 t ajmt qH y hapi h&f u&rfaw&nf &f, / t jkt re y
 hapi h&f u&rfaw&nf &f, / rsuEsaersuEfxm; uH f
 vuH e ye faw&hapi h&f u&rfaw&nf &f, / [kvlygaem' tH
 hapi h&f u&f mrsVvnfy) wpct&f v p f y a p e V ' B h q U
 w, Aaem' tH MtsVv h r v p f y a t m i hapi h&f u M y g'

ajymr, b q i fawm hapi pnf&f u hapi pnf
 w, / v e f u s ; & r, f maw&nf r v e f u s ; a t m i hapi pnf
 w, / t hapi h&f u&rfaw&nf q i f v n f hapi h&f u f, /
 wu, f o l m e r h t a j m t q H q u H f u a j m a y ; r, / o l m
 a e w h t j k r h q i f u H f u j k f a y ; r, / o l m e w h ' B s u E f
 a e ? r s u E f x m ; r h q i f v n f u H f u a e r j z p a t m i f hapi h
 a&f u f a y ; r, f a y g h t H MtsVv hapi pnf w m e y hapi h&f u f
 w m u h v f y f m [m o p i x f f a w m h t p q h o p i n y) [kvlygaem'
 tH D o p m e b m o m ; w u a e o f ; N y D o r D w u a e o f ; N y b q i f
 t a w f t a c : u v n f t H D v f y l a w f w w f m v d r, / t j B
 t a w f t a c : a w f a w f w u f m N y b q i f t o d t j r i f a w f
 v n f t H D t w f f y l o j r i f m v d r, / t o d t j r i f x d
 t H hapi pnf f a w f hapi h&f u f a w f x d a m u b o f ; N y b q U
 & i f a w m h r i f w V i r, m ; u a w m h w u, h e w f i r, m ; v
 a j m & a v m u a t m i f r i f w f z i h c s f a j r U v d r, / M u n f i f
 o m, m U v d r, / & f v e f U v d r, / a t m i j r i U v d r, M

'lvhjym&r, haem/ 'g[mopnyhaem/ 'bpnuhigzihrifwll
 'D r*lvmaqmi haw&lvnf &lvryg/ b, fbvfbvfbq&mrS
 igzihaymr, rxibf/ 'bpnuhigyaem/

qllvwmuawmhbvfbvfbq&mqllvm olwlbm? olwll
 ordaw&lvrfñēy[lwlvm/ [lwlvhaemt lvrfñēzplw
 twlfrifwlvir, m;tzpēlatmi fri pñayguharmuylvll
 qlvltcēftcgrñ tñayguharmuylvaemuullrifwblwll
 uaelydawmh Mb0g' av; bmav;vnf ay;lvrygyhaem/
 ay;wltcgrñ a[mñ bpnuhifwlpmi pñf&rñvllqlvmrS
 igay;r, rxibf/ ay;wwr, lvrxibfaygaem/
 'galumi frlvll wlvvnf, bvlfbvfbvfbq&zlvwawmh
 r[lwlvgbhaem/

qllvwmuawmh lvwilydouv vrfñēlvmyg/
 Mb0g' ay;wmygaem/ tñ dawmh tñ bpnuhwpDēlvwpD[m
 awm;zihaosibm aooñr, / touxlv&ibm xlvf
 oñr, / igr, m;tay:rñigviā, muñ;tay:rñum, ul
 Opulraemuēlvapmi pñfaewmulcēzmuiv, lqlvmawmh
 &lvh&lvp&b/ apmi h&lvup&mulvulvlydouv vuf
 vlvlydouv rapmi h&lvublvll qlvmrSvnf &lv
 r&lvp&bvlvtm;wifxm;lvgyvll' lvhshjym&rñaygaem/
 tñ lvltm;wifxm;wm[m tñ wiflydawmh apmi h&lvup&m
 ulvnfyul ElwESvlelvapmi h&lvuiv, / apmi pñfp&mul
 vnfyul ElwESvlelvapmi pñfw, lvq&ifa[m' D
 vir, m;uawmh, blucēbmetēscvll&blvll' lvhjym
 &r, f[lwlvhaem/ oylcrfom&vlwu, ftlvuivir, m;zp

NyDawmaeU&vtr, M' MqUwmaygem'

tI g u c k u r o E m e Y v i r , m j z p t p l w , b q l y
a w m h v i r , m v y l w e s u o m o r d a w G a r z o r z l e f t w c u l u
r o d y r , l v l n f y l o m o r d a w G a r z o r a y ; w , b q l i f v i r
, m u p o a t n f w l p l w p l y o o t w l t w c u f p w l u l e b o t r f i r s t
r u l e a p w m r s j z p a p & r , f [k w l y a e m / t o u (8 0) & l n f
t o u (8 0) u N u i N u i e m e m e Y r i f w k a e m u v t i r , f [k w l y d
a e m / t o u (9 0) q l n f t o u (9 0) N u i N u i e m e m & a e m u o p
r f i v l l ' l v h j y m & r , a e m /

'g' ɔwɪhɔlɔwɪm [mawmɔzi hri fɔwɔwɪf ɔuf
wɔlɔl wɔlɔ, ɔɔrɔn 'gɔjɔnɔɔrɔ, a t m i f t wɔlɔ 'ɔum;
av; uɪ 'ɔpɔn pum; av; uɪ wɪl a eɪɔwɪh a z n f k v a y; &
w, ɪ wɪ lɔj m & r f a y d e m f tɪ ɔpɔn av; uɪ r i f wɪl a p m i h
p n f & i f tɪ ɔp m i h p n f w m u a e w u l y ɔ u m v t a w ɔ t
ac: av; uɪ ɔp m i h p n f & wɪ t wɪ l f uɪ f i t ɔ t a w ɔ t ac:
a w ɔ v n f & v m r ɔ n tɪ ɔ t a w ɔ t ac: a w ɔ a e a y g u l y ɔ
a w m h a e m u q l u s a w m h t ɔ d t j r i f a w ɔ d x ɔ l v m w m A s/
tɪ l t ɔ d t j r i f a w ɔ d x ɔ l v m & i f t j y k t r ɔ p n &, f t ɔ l t p d
ɔ p n &, / 't ɔ l e u t ɔ d t j r i ɔ p n &, ɔ l y ɔ a w m h 'ɔ l k l u
a e m u q l y d v t & d ɔ p ɔ j z p ɔ b ɔ r, ɪ y ɔ t & d ɔ p ɔ j z p ɔ b ɔ r, w h
t ɔ g u r s a [m h d v i r, m, r ɔ n v ɔ p ɔ n t j y n j z p l v m w l t w ɔ l
r i f wɪ l f c r f ɔ r, ɪ u v d r, ɪ wɪ l ɔ l v m a y d e m f

'Dawnhqlwlm[mawm]zihwlvir, m,vlyw, fq
wm[m'Dlylvir, m,tjzpehevlu&inyDwmy]'grs[kvf
&iifzlwufurSwxlvlyDwmyblyDawnhwptcnfae

vnfaumi f b, fmsobqdu apmi pnfwmrduolt ay:rn
apmi pnfwmrduolt rcdu, fap&bl/ olt ay:rn apmi h&nu
wmrduolnfyvno rcdu, fap&blqvlh[mrdult clvlt
vhiymaewm lum;&ifevlyj[m-wlt rcdu, fap&bla[h

igvZedr, m; tay:rn b, fmsigt ajmt qllt jkt
r? taet xll fapmi pnfwmrduoercdu, fap&bl/ apmi h
a&nu fwmrduoae rcdu, fap&bl/ igvlt taxmi f v f
a, must; tay:rn b, fmsguj? Elw? ES/vjzpfvhum, ?
Opdraemawefapmi pnfwmrduo apmi h&nu fwmrduo vno rcdu
, fap&blvvlvrfñeawlt wllf vrfñetsuulom;wll
ordwlvnfyjqjzvwlvuvv' vhiym&rfaygaemf [m-
cdu, fap&mr [kvbl/ 'g-cdu, fnybq&ifo;nyduonfyd[kvlyd
aemf Epha, mufaygi faeyr, fvlvnt aygi f&ifevlsaewm
ylzpfny!

[Dpcpvlh ajmovv' elw&ifevleqaw, qvlm
rdaygaemf vefqaeluwmu f vir, mawu wu, hwmh
' elwlvleqaeluw, qvlmu wu, f[kvlmulajymwm
As-Dpcpvlh f. . aemf b, fvl elwawefqll Epha, muf
vir, m; qvlpawmh aygi faew, / via, must; uvnf
bmaygi faewefqll olt usublmunaygi faew, / Zed
r, m; uvnf bmvleqll olt usublmunaygi faewm/
obysvzll obcfomzll olvia, must; u olulazsmajzvth
r, / via, must; vlywbluvnf obysvzll obcfomzll
wufofefruae olulazsmajzvth, / 'vkihaenu wmr
[kvlm; . . aemf

q&mBUDVbēfwl b, bwbqvm w&m; a [mvm
 Mum; zlw, / trđorBuwpa, muuvnfylbmwh. . aomh
 wBUDu cgcswxmw, / trđom;wpa, muu vnf
 avSUD&w, lqy/ jrpqyfrn b, r, rS 'hvsu
 a&xawmi tsvlt&b/ csw&iēpbōr; avSUD/ tJ D
 awmh ouawmh avSUDyil &S haygi [trđorDu aomh
 wUDyil &S haygi aomvUDyil &S ft rđorDu avSUDyil &S f
 trđom; u Muniv, r [wlv; / orñ aomvUD&w, /
 aomvUD &w, lquwnfu orñzō p&maowinawG
 bmawuvnf trm;UD &f haygiem/ tJwptgtrđorD
 uvnf Munivlt cguouav&w, / [uavBUD avS
 uUDb, rSōr;vlt&b/ a&wawmi r&b/

'gelyjavSUDMunivD trđom;u, r, haygi trđ
 orDuae 'g-ol avSyl &S BUD/ trđom;uvnf aomh
 waw&ewm aomvyl &S BUDy/ 'g-ol aomvUD&f Sawmh
 ypñfOpñawGtrm;UD&r, / qlvwmuawmh olwlt wuf
 ylovl MunvMawmAsaem/ Munivmuñ wlvuñ u obqñ aomh
 waw&w, f' gqlypñfawG&r, / obqñ avBUD&w, /
 tbrñvnf ypñf&w, ? , &r, ēY tlvñ M&awmh. .
 &a&mAsv/ , NyDōr;lyD

&S hvsu rxūāo;bēvm; / rēfruar;w, f
 i hvsu q<&b avSUDvñymw, / [if . &S uvnf
 wptgwnf tlv;vñwmri faomvawūrzōāo;bē
 vm;vñymw, / ueruvnf aomvyl&wvñajymw, /
 aomvyl&w aowar&b haygiem/ aomcavmuāwmi r&ā

blayd/ aomv&lvmaydæm/ vawu uñ itwæuñ f
 yñunluwmAæm/ munhæm. . cleu aomvluðunluñyð
 , lwa, muñ:uvnfyjreðr, lwmvm. . aomvluðunh
 lyðwpcgwnf o&lv, lwmvm/ oltwæuñ/ wpæwluæ
 lyðazmájzcsiwpæw, lwaem/ , luwmawu tlvñ l
 luwm/ tñgujizihoyulñr, ygw, lñ' lvñym&rñaydæm/

wu, luawmholuñigvlyauR, / iguñvñ ol
 vlyauRvñr, / oltwæuñgu tazm/ iguñvñyloñt
 wæf tazm aygñ tñoluvñ igtwæftazmáygñ
 tñlvñvñrñstlvñvñrñi&ibmvly&rñvqñiftazm
 wpá, muñ tazmwpá, muñtay:rñ opñapmi &awmh
 r, / opñapmi lv, lqñvm b, òpñapmi rñvqñawmh
 igtazm pñvñpEñ ðavmuñwñ [mrñ i gñvlybñ? apmi òñf
 r, / igtazm pñvñrñomEñ ðavmuñwñ [mrñulñ gázmr, /
 opñvñrñomatmiñulñ lñyDñr, / opñvñpññqñulñ f
 uvuñ&ññr, / apmi lvñf apmi òñf w, / apmi lvñf
 apmi ð&ñuñw, / apmi ð&ñuñwmu opñvñrñomatmiñulñ
 ulñ lu apmi ð&ñuñwmu/ apmi òñf wmu opñvñqñi&ñr, h
 [mulñrjzñtmiñapmi òñf wñmjzñw, /

' ðawmholuapmi òñf wñvñvlyñw, / apmi ð&ñuñ
 wmvñf vlyñw, / bmulñvñrñvñwñqñ ulñ ðtájymtqñ
 ulñ ðtjyktreñ ulñ ðtaetxñ ulñ apmi òñf wmvñf
 vlyñr, / apmi ð&ñuñwmvñf vlyñr, / apmi ð&ñuñwmu
 opñvñrñomzñapmi òñf wmu opñvñrñqñi&ñtñlvñvñ
 viñ, muñ:uvñ ulñ ðeðr, m, tay:rñvlyñw, lqñiñ

tpwlefu wppuifsrcpwlrefr jzptsjzp? uil luom ol
tay:rfn opwrfqif&atmifapmi pnfw, / opwrfcom
atmifapmi h&nufw, b&lf t htrfduawmhrcpyl
aeydrvm;/

bmjzpfvlefql olupwvtsfomatmi lvnf xm,
w, / opwvrfqif&atmi lvnf xm,w, lvqkifcpbf,
lurfvllajymlygpliem/ wppurSul lrcplvha, must;u
vnfyltj lreirvlywloaelylawmhopwvrfqif&atmi f
ul luapmi lnr, / opwvtsfomatmi lwmiful lue
apmi l&nuiv, lvqkiftla, must;uvnf wtm;cpvlm
rfv tlvllajymvl l&raem/

t h w m q l v m a w m j z i h w p z u b b q u y l u h j y l p k v m
a w g & c s i w, l v l a, m u s t r a w u r e f r a y: r f i x m; w, l q l i f
w p z u b b q u y l p k v m & c s i w, l q l i f u h l u j y l p & r f a y g h
r e f r a w l v n f y l w p z u a, m u s t r a w u q u a e l y l a w m h u h h
u h j y l p k v m u h & c s i w, l v l q l i f u h l u a, m u s t r u h j y l p &
r f a y g h b m e l j y l p r v l v l q l i f p y f r a w l u d y f r a w e l j y l p & r f i
r l w y g o l / o p l v q i f & h l m r s l q l i f i g a p m i p n f w, l q l v h
l m r s l e l j y l p & r, l o p l v c r f o m a p r, l q l v l m u l t i g u a e l y d
a w m h a p m i h & s u r, l q l v l m r s l / u h l a p m i p n f r e l y
a p m i h & s u r l u a v; u h o m v l y l v l q l v l i f w p z w b b q u
a p m i p n f r a w l a p m i h & s u r a w u h l q l u h l f y l y d v m a w m h
w m v l a j y m l u y g h e m f u h l u t & i f t e d a y; v l u r s t h d e j r w f
a w l n f y l x u l v m w m v l l a j y m l u y g h e m f

thwmpzublunf t&ifay;ulunf t&if

tEay;w, f b q i f t j r w a w E p D D E p z u & M u r f a y g i & M u
 l y d t i l i s e l o m ; w l i d w l c r f o m l u v i r , f l i ' b l q l v l m
 a e m / t a z n a u m i f w p a , m u f v l r s v & r , / t a z n a u m i f
 w p a , m u f t j z p e h e a e v l w l v i r , m ; v l r a e & a w m b l v m ;
 v l r ; i f t a z n a u m i f t j z p e h e w m v i r , m ; y g j [k v l y d
 a e m / t a z n a u m i f j z p l v l t a z n f z p l y b q i f u l i t a z n u l
 u l i u b m a l u m u p & m v l o ; v l / u l i u l i f a w m i f t a z n f
 v l y a e w b l u l u l i u b , h a l u m u f a w m i r f a y g i u l i t a z n f
 u l i u l i f a e l y f a w m h b , & f a w m i r f a y g i u l i b l t a z n f
 a u m i f j z p a e w b l q l u l i u v n f b , & f a w m i r f a y g i & f a p
 & m v n f r & b l / a l u m u p & m v n f r & b l / u l i h e c s i b v l e
 r , / a j y m r , f q l i f a w m h w p a , m u e l w p a , m u z u h e c s i f
 v n f a e r , f b m r f j z p a w m b l v l i ' b l i j y m & r f a y g a e m /

t h v m u l i f i E b o t w , / b m v l y l y f & w , / b , f
 v l h e a e & w , f q l v b a b m o f a y s r p & m a u m i f w , f l i j y m
 & r , / v l q l v m t j l h e c s i f w m a e m / u a v ; a v ; a w G l u n h
 p r f y g v m ; a e m / o m ; w l u l i f w l i v n f o m ; w l i , f w l e f u q l
 [l v l z u l ' l v l z u f a e - a e w m r [k v l v m / t a r v n f z u t s i f
 z u f [k v l v , r [k v l v m ; a e m / a e m u b l u l i b l i , t s i f a w G
 v n f z u t s i z u l u l i b l i , t s i f & G f w a w & v n f z u t s i f
 z u l t y l y b q l v n f w p a , m u e l w p a , m u f z u f t y l u w m
 r [k v l v m / e n f e n f l u d v m w l t c g u a w m h z u p & m r & a w m h
 b l j z p b o t w , / a e m u e n f e n f l u d v m w l t c g z u p & m & f i
 l u j y e f a w m h v m r i f w E p a , m u f a w G l u w m v l i ' b l i j y m &
 r f a y g a e m / ' g t l i l a s w u , f a w m h w u , f a w m h ' g [m v l b l

obm0jzp1wtwuf tlvit\$ tazmfvw, / 'vhiym&rn
 aygaem/ vlvitwuf om;wbrdwl tclj m;Murfaygaem/
 tlvit\$vlji m;Muwmvnyj bmr&sup&mvnfr&ygol/
 ji m;Muw, fqlvm 'vheNu?xll Muwmyvqlvmr\$aygaem/
 thwmh tlvit\$vlji m;Muwm tazmaumi fjpát mif vlyf
 enf uilenfuil' gblefblefwlaelylawmhenfay;vrfñ&
 vluwmaem/ tazmaumi fjpát mif vlyenf uilenfu
 bmrrecub/ ul fuoltay: tazmfjpát mif pvlx m;zy/
 wptglum;rbw, f&mZOifvm; orlifvm; bmv m;roygol/

&S b&i Buwpa, muu oLUEl aewh&S b&i Bu
 wpa, muuul ordquw, / obrduul &S b&i Bu du
 yPñquwluw, / ay;vluw, aygaem/ ay;vluw h
 ul br&la, must; jzpb&Nyqlwmholu ul brufzpf
 o&wmaygaem/ thwmhEll pm;w&S b&i Bu qh y r, lvnf
 ul brufzpb&Nyqlwmh a, mu@vlywlbawmif rEll
 pm;awmbaygaem/ thvly ul brduul qubvluw, /
 th&S b&i Bu oylzqlw, qly/ 1/2qlvli he&w, lwl
 th&la, must;ul, &r, lqlvltcgawmhtl Dr&uav;
 uaygaem/ qubw&S b&i Bu ordav;u aygaem/ 'ge&
 blav/ olt azuaelylawm&S b&i Bu du Luwufa qmif
 yPmtjzpeYay;w, fqlwmhob&rfaygh ilhe&w, lwl
 c&S b&uavmubli he&w, lwl ilhe&awmhwp&cgwnf thD
 vly? 'gul&S b&i Bu vuk&mufo&Nyaygh [&S b&i Bu
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 ae&wm/ aemufawmh' &S b&i Bu Eplygu pvlDr&uylp

tlvheEliatmitwufom;wbrdwlvnf 'ael
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blefuqEjkw, aem' 'gav;ylom;wbrdwlu [m-wlvwmh
jzif0Dxy&elyeqifr, /a[mhtwilyjigvzher, /wll
tajmtqlltjkt r?taetxll[mwlltaznftzufjzplw
Zedr, m; tay:rfuul lvia, must; tay:rfib, awmrSr
azmufym;rap&bl/ b, awmrSrazmufym;rap&blvllqly
r, lvnf ta&;talumi;wpplvp&bulvllharharavshavsh
ele*pl/ufuav;uay:vmlyDajymrdmav;uvnf bul&if
bulhmaygaem/ azmurdmellul&if b, ES lylrvl

bncwzlvlygw, f

uarmi lvSuLaelyDrseEysulv, lqygawmh' g-roD
wmcpsftay:rfmaygaem/ armi lvSuLaelylawmhtllvlygpyf
uaelylawmhnlylrfrfr, Gf, GfawGcrwcrwacsrfacsrfawG
xurw, lqygawmharmi lvSuLaelylawmh t jkt rfr;wm
aw&nf jkfrw, lqygawmh rolvmcpluvnf ul h'avh
p/ufawlvnf trsrdekmwmqlawmhtlvllawGrfrfr
, Gf, GfawGzpEllao;wmaem/ jzpr, lqygawmh b, ES h
vlyrvl jzpr, ql&ifrxlygbuuf aemulnf qujzplul
awmhrvlyluehem/ [lvlyhem/ wpcrksuEysulvluvmul
ysuawlefurobl/ ul u rsuEysulyDof&iawmhtif
-igawmh rsuEysulvluvyD armi lvSulu roEllayblvm/
rolvmcpluaum roEllayblvm/ tajmtqllnf tif-
ig lvllajymqlklub/ ajymawlef uawmhul ajymqlwm

uH om, mw, f/' N/ uH jymq u/ u/ r/ s u/ jz p/ r/ f/ v/ b/ q/ v m r/ s/ v/ u/ u/ bu/ u/ u/ fax mu/ ch ew, / a j y m q/ u/ D o/ r/ N/ y/ q/ i/ f a w m h t i/ i g a j y m q/ u/ v m r/ s m; o/ r/ N/ y/ q/ v m r j z p E/ i/ f a y b/ v m; A s m/ o/ v, / t j y k t r a w/ n/ j y k h e w e/ f u a w m h o m, m a e w, / ' N/ u/ u/ v/ y p/ v/ u/ r/ s u/ l a t; r/ f/ q/ u/ D a w m h a y g a e m/ j y k/ N/ y/ D o/ r/ & i/ f a w m h t i/ f- i g v e b o/ r/ N/ y/ D r/ f/ o/ r/ N/ y/ q/ u/ D a w m h a t; o/ r/ & i/ b o d w, A a e m/ o/ v/ i/ t c e/ r/ f/ u/ u/ u/ a j y m q/ u/ v m q/ u/ i/ v n/ f b o h c y/ v/ u/ u/ i g u/ l/ c/ f/ v/ w/ y g u/ h. . i g r/ f/ o/ r/ v/ u/ . . a [m- Z e/ v/ y/ f w b l u r/ f/ w, f q/ u/ i/ v n/ f t i/ f- i g u/ l/ c/ f/ v/ w/ y g u/ g / r a j y m x/ u/ f a y b/ v m; A s m a e m/ ' g u j y e a j z v/ u/ v m A s [k v/ y/ a e m/ r/ f/ w m u/ l/ r/ f/ N/ y/ D w m u/ l/ j y e z s u/ v/ u/ r/ & w m r [k v/ b/ / O/ u/ b l w/ x/ r/ f/ b v u/ b l w/ x/ r/ f/ a & x m; w m a w/ u r/ f/ N/ y/ a & r d w, f q/ u/ i/ z s u/ & w m r [k v/ v m; /

t/ u/ u/ v/ y/ u/ u/ i g p y/ u a j y m r/ v m j z p/ z p/ u/ u/ i u j y k r/ v m j z p/ z p/ r/ s u E/ s a e r s u E/ f x m; u/ u/ i v u/ i/ e y e/ u j y k/ v m j z p/ z p/ r/ f/ w, f q/ u/ i/ t/ u/ r/ f/ w m v/ j y e z s u/ v/ u/ w, / ' g- i g w/ u/ r m a w/ f o b/ / [k v/ y/ a e m/ b m w/ u/ u/ r/ s u/ u/ i b m E/ l w/ v/ u/ w m p u m; u/ l e/ & i/ f E/ l w/ v/ u/ & b l e/ / A r m a w G a j y m w, A a e m/ t r, f a v; u/ u/ r/ f/ u/ u/ v m E/ l w/ v m r/ s c u/ f a o; / p u m; u/ l e/ v m E/ l w/ v m r/ s o y/ v/ g/ f w, / b o h- b o h v/ u/ v/ y/ v/ u/ u/ & i/ f r i/ f w/ u/ u/ p m; c/ u/ b/ v m; / i, i, i w l e/ f u u p m; w, f q/ u/ i/ f u/ u/ i u p m; w m e n/ f e n/ f u a v; r/ f/ o/ r/ w, f q/ u/ i/ b o h c w/ u/ w, f q/ u/ i/ D a w m h r v/ y/ c/ u/ u/ z/ b/ v m; a e m/ b o h c w/ u/ w, f q/ u/ i/ v m r i/ f w/ u/ a w m h/ r/ u/ a e w m q/ u/ v m h u p m; z/ c/ s i/ r/ s u p m; z/ r/ f/ v/ i g w/ u/ w m q/ u/ i/ f a w m h u p m; & w, / a e m/ c P c P b o h c w/ u/ w, / b o h c w/ u/ w, f q/ u/ i/ v m w u, u

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ကိုယ်ခနီး မယားပေါ်မှာ

ကိုယ်လင်ယောကျ်ားပေါ်မှာ

တယ်လိုမှ

အပြာအဆိုတွေ မလွန်ကျူးမို့

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